

HELP SAVE A LIFE



Abhijit Guha, MD MSc FRCS(C) FACS

Professor of Neurosurgery, University of Toronto
Alan and Susan Hudson Chair in Neuro-Oncology
Co-Director and Senior Scientist
Arthur and Sonia Labatt Brain Tumour Research Centre
Hospital for Sick Children, Toronto

Dr. Guha, a tireless advocate within the South-Asian community, was recently diagnosed with **acute myelogenous leukemia**. He is in urgent need of a life-saving **stem cell transplant**

Dr. Guha's best chance of finding a donor is from within his own ethnic group. But, with South-Asians representing only **2%** of the Canadian registry, his chances of finding a match are diminished

"...the pool will get larger, and more people suffering from cancer will benefit." —Dr. A. Guha

PLEASE REGISTER TO DONATE

Canada: www.onematch.ca
1-888-2DONATE (236-6283)



USA: www.marlow.org
1-800-MARROW2 (627-7692)

Minorities in the USA can have **fees waived**: register by phone

Britain: www.blood.co.uk
0845 7 711 711



Registering to donate is **free, easy, and painless**, and takes only **a few minutes**:

- Testing involves a simple **cheek swab**, **not** a blood test
- You must be **17-50 years** of age (**18-60** in the USA), in generally good health
- Results are completely **confidential**
- You could help many other patients **around the world** in urgent need of stem cell transplant

If you are matched with a patient in need of a transplant:

- Stem cell donation is **safe** and **easy**
- The procedure takes only **a few hours**
- You are discharged from hospital **the same day**, and there is little or no pain

There are **two methods** for collecting stem cells from donors:

- The more common method, peripheral blood stem cell (**PBSC**) collection, is **as easy as donating blood** (painless)
- The other method, now used only 30% of the time, is **bone marrow** harvest; under anaesthesia, bone marrow is drawn from your hip bones
- Which method is used depends on the patient's needs, but **both are safe**

Visit the websites above for more info, and other ways you can help save lives

For more info, or to volunteer:

Soumo Mukherjee
Ashutosh Chowdhury
Prateek Lala, MD

soumo.mukherjee@gmail.com
ashutosh@rogers.com
prateek.lala@gmail.com



Visit our blog for updates:

<http://appealforsouthasiandonors.blogspot.com/>